



CROSSING THE RED SEA

LESSON AT A GLANCE

■ New Apostolic Church USA



CURIOSITY

An object lesson, experiment, or activity that sparks curiosity, encourages exploration, and gets kids thinking about the wonder of God.

- Welcome Question: *What is your favorite sea animal?*
- STEM Experiment: Dry Land
- Declaring God's Wonder

BELIEF *Choose either Hear It or Experience It and supplement with the video*

A deep and interactive dive into Scripture that guides kids into knowing God more deeply, exploring His big story, and marveling at His wonder.

- Opening Prayer
- God's Big Story: Hear It, Watch It, Experience It!
- Connecting the Wonder Truth

FAITH

An intentional conversation that helps kids see the wonder of God's story and how it connects to their own, emboldening their faith and fostering a deeper understanding of their place in God's kingdom.

- Discussion Questions for Younger and Older Kids
- Small Group Prayer Time

IDENTITY

An interactive worship response activity that creates space for God to remind kids of these core truths: I am known, I am loved, I am led, and my life can tell of God's wonder.

- Responding in Worship: Praise the Lord!
- Blessing Your Kids

CROSSING THE RED SEA LESSON 1

NAC USA
Goals and Objectives
[IA 2, 3, 7, 8, 9, 12, 13, 17, 18, 19, 22, 23, 27, 28, 29](#)
[IB 1, 3, 5](#) [IC 1-13](#) [IE 1-3](#)
[IIIA 1-3](#)

WONDER TRUTH:
God Rescues His People

SCRIPTURE:
[Exodus 13-15](#)

GOD'S BIG STORY:
After His people spend 400 years in slavery, God steps in with a mighty hand and an outstretched arm, rescuing them and providing a way through the Red Sea. After this rescue, God's people praise Him!

WORD OF WONDER:
[Psalm 77:12](#)
I will spend time thinking about everything you have done. I will consider all your mighty acts.



Lesson
PPT Slides



Lesson
PDF Slides



Lesson
Printables

FOR LEADERS

A MESSAGE FOR CHILDREN'S LEADERS

We invite you to pause, listen, and shift your gaze toward the Father...

Dear Sunday School Teachers,

Maybe this has been one of those weeks for you—a week that arrived with unexpected challenges.

Perhaps it brought tension with a loved one, an unforeseen expense that upended your budget, or the frustration of a persistent cough or a stubborn car engine that won't cooperate. Maybe it's been a week where it felt like everything that could go wrong *did* go wrong.

If that resonates, take heart. You're not alone. Consider Moses and the week he faced in [Exodus 14](#). The Red Sea loomed behind him, an Egyptian army thundered toward him, and the people he was leading cried out for him to fix it all. Talk about pressure!

Yet, in the middle of that impossible situation, Moses reminded the people of a powerful truth: "Don't be afraid. Stand firm. You will see how the Lord will save you today" ([Exodus 14:13](#)).

The good news for Moses is the same good news we can rely on: God rescues His people. He may not act on the timeline we expect or in the way we imagine, but He *never* fails.

The trials of this week—whether it's a broken appliance, a discouraging conversation, or a health concern—don't change His love for you. They don't alter His faithfulness or His promise of eternal life.

As you prepare to share this story with your Sunday School children, let its truth resonate in your heart as well. Ask the Holy Spirit to remind you that the God who parted the Red Sea still works in miraculous ways today.

The Lord rescues those who trust in Him. That includes you.

With love and joy,

The Faith Arc Team

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A ROAD MAP

WHO?

God worked through Moses to lead the Israelites out of slavery in Egypt. Soon after, Moses received the law from God on Mount Sinai, along with instructions for the construction of the tabernacle. Moses led the Israelites in the wilderness for 40 years.



WHAT?

God led the Israelites out of Egypt, through the desert to the Red Sea. Then Pharaoh chased after God's people with his army, but God parted the sea so the Israelites could escape on dry ground. Then the waters came back and swept away Pharaoh's army.



WHERE?

The exact location of the Red Sea crossing is unknown, but many scholars favor the Bitter Lakes region north of the Gulf of Suez, the northwestern branch of the Red Sea. The Bitter Lakes may have been connected to the Red Sea at the time.



WHEN?

The exodus happened approximately 400 years after Jacob's family came to Egypt. Following the exodus, the Israelites spent 40 years wandering in the desert after failing to trust God before taking possession of the Promised Land.



CONNECTING TO GOD'S BIG STORY

The Red Sea crossing demonstrates God's power to deliver His people and foreshadows the even greater deliverance made possible at the cross. In the exodus, God brought His people from slavery to freedom. At the cross, Jesus brings us from death to life.



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WELCOME QUESTION

SUPPLIES: paper, colored pencils, whiteboard (optional), dry-erase marker (optional), **Welcome Question Slide**

Before kids arrive, display the **Welcome Question Slide**, or write the following question on a whiteboard: “What is your favorite sea animal?” Set out sheets of paper and coloring utensils.

As kids arrive, warmly welcome them by name and ask them to Check In.

All Ages

Use the feelings chart on the next page and ask each child how they are feeling (refrain from asking “How are you?” as children may be accustomed to responding with “fine”). You may want to print and post the feelings chart in your classroom for ease of use.

- Allow each child to name their feeling or to use a color to name their feeling. Older children might use words, younger children might point to the pictures or use the colors to express their feelings.
- There are no wrong feelings and all feelings should be acknowledged.
- Acknowledge how children feel by giving each child time and space to share anything they might need or want to share in regard to their feelings. For example, you can ask “Why are you angry?” or “What made you sad?”.
- If you can, address the feeling (hunger/thirst - provide a snack/drink, sadness - give a hug, joy - give a high five, tired - let the child rest, anger – a calming space, etc.).
- Keep in mind throughout the lesson how each child is feeling and that feelings may change during your time with the child.
- If you notice a change, you may want to allow the child to rename their feeling and again address the feeling if needed.
- Acknowledge all feelings, concerns, joys, and celebrations in your opening and closing prayer. Use a grace-based approach to the learning as feelings will impact how children learn. (adapted from the Zones of Regulation)

Show them the **Welcome Question** and encourage them to share their answers with friends. Invite kids to illustrate their answers if they choose. If you have younger kids, be sure to read the question for them.

At your start time...

Invite the kids to gather together, and let them know you’re glad they’re at church today. Call on several kids to share their answers to the Welcome Question: **What is your favorite sea animal?**

What great sea animals—God has created so many awesome things! Today we’re going to learn about a time when God split the sea apart. I wonder what all the sea creatures thought when that happened! But first, it’s time to be curious.

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SOCIAL-EMOTIONAL CHECK IN

Angry



Scared



Panicked



Inconsolable



Happy



Focused



Calm



Proud



Worried



Frustrated



Silly



Excited



Sad



Bored



Tired



Sick



STEM EXPERIMENT: DRY LAND

SUPPLIES: empty gallon-size ice cream bucket or large bowl, water, table, glass cup or sturdy clear plastic cup, paper towels, **Dry Land Slide**, **Red Sea Wonder Truth Slide**

Ahead of time, fill the bucket or bowl with water so that the water level is nearly as tall as the glass. Set the filled bucket or bowl on a table at the front of your teaching area.

Display the **Dry Land Slide**.

Today we're going to learn about an amazing miracle God did—He made dry ground in the middle of the sea!

Show the kids the bucket or bowl of water. If possible, invite kids to gather around the table for a closer look. **Let's see if we can make some dry ground in the middle of this sea of water! Wad paper towel and place it in the bottom of the glass.** Tip the glass upside down to make sure the paper towel doesn't fall out. If it does, add more paper towels so that the wad will stay at the bottom of the glass.

I'm going to put this glass into the water, and the paper towel is going to stay dry. Carefully hold the glass upside down with the mouth of the glass over the water. The wadded paper towel should stay put in the glass. Lower the glass into the water. As you do, air will stay trapped inside the glass as the water pushes up from below. Although it will look like there is water in the glass, there isn't. Lift the glass straight up out of the water and invite one of the kids to check the paper towel to see if it's dry. **Amazing!**

Invite a few different kids to push the glass carefully into the water to see the trick. If the paper towel falls or if the glass gets pushed in sideways and the paper gets wet, wad up a paper towel and do the experiment again.

It was so fun to see how the paper towel stayed dry in the middle of the water. Today we will see how God made a dry place in the middle of the sea as He rescued His people. Display the **Wonder Truth Slide**. Today's Wonder Truth is: **GOD RESCUES HIS PEOPLE.**

DECLARING GOD'S WONDER

Write on a white board or chart paper or display the **Declaration Slide**. Read each line boldly and invite kids to repeat after you.

Thank You, God, that You are good! (Kids repeat.)

You made me on purpose, for a purpose. (Kids repeat.)

And I am Your kid! (Kids repeat.)

You know me, love me, and lead me. (Kids repeat.)

Your power is amazing! (Kids repeat.)

Thank You for rescuing Your people! (Kids repeat.)

My life can tell of Your wonder! (Kids repeat.)

OPENING PRAYER

Before entering into God's big story, lead kids in a prayer of invitation. Use the prayer here or your own words: **God, we thank You for this chance to be together today and discover more from Your Word. Help us to trust in You and Your great love for us. You are our rescuer—help us learn what You want us to know about You. In Jesus' name, Amen.**

GOD'S BIG STORY

This lesson includes three opportunities for your kids to enter the story – we recommend you choose **HEAR IT!** or **EXPERIENCE IT!** and supplement with the **WATCH IT!** video. **HEAR IT!** is read directly from the Bible. **EXPERIENCE IT!** is an interactive story-telling activity.

Hear It!

SUPPLIES: Bibles (1 per kid), **Red Sea Title Slide**

Display the **Red Sea Title Slide**. Encourage kids to open their Bibles to [Exodus 14](#). Let them know it's the second book of the Bible and it's the book where we first learn about God rescuing His people.

Let's start by reading part of God's big story directly from the Bible. Afterward, we will watch and experience more of the story!

Read [Exodus 14:10–18](#) aloud to the group. Then invite a volunteer to read [Exodus 14:21–22](#) aloud. Then ask another volunteer to read [Exodus 14:26–28](#) aloud. Finally, ask a volunteer to read [Exodus 14:31](#) aloud. (If inviting kid volunteers to read, provide the verses for them to review ahead of time.)

Watch It!

Watch the [Crossing the Red Sea God's Big Story!](#)

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Experience It!

SUPPLIES: cardstock, scissors (prep only), tape (prep only), shepherd's staff or walking stick, paper, marker (prep only), chair, wooden spoon (optional), [Pharaoh's Head Sheet](#), [Rescue Plan Slides](#), [Wind Sound Effect](#), [Experience It! Script](#) (1 extra copy)

Ahead of time, print the [Pharaoh's Head Sheet](#) on cardstock and trim around the dotted lines. Tape this image to the back of a chair as if Pharaoh were sitting there. You could raise the head if you wish by sticking the head to a wooden spoon with tape and taping the spoon to the back of the chair. Pharaoh will sometimes face forward, sometimes not, and will occasionally move around, so make sure it's a chair that you can move yourself. Pharaoh will begin center stage, facing backward so that the kids cannot yet see him. With a marker, write "Let my people go!" in large letters on a blank sheet of paper.

The [Rescue Plan Slides](#) illustrate all the actions God does to rescue His people. Once introduced, the image on the slide will remain until the next slide appears. The slides will begin in order but often come back to Slide 4, like this: 1, 2, 3, 4, 5, back to 4, 6, 7, 8, 9, back to 4. If possible, put your slides in that order with Slide 4 repeating so that you don't have to return to it. Recruit an adult volunteer to advance the Rescue Plan Slides and play the [Wind Sound Effect](#), providing her with a copy of the [Experience It! Script](#).

Before you start, invite a kid volunteer to play Moses, giving him a shepherd's staff (or walking stick) and the paper that says, "Let my people go!" Tell him you will point or nod when it's time for him to read the sign. Let him know he will say those words three times to a chair that represents Pharaoh, and each time he can get a little louder and more intense! For all of Moses' other actions, assure your volunteer that you will guide him on what to do.

Teaching Tip: *To tell the story with fewer production details, follow the Experience It! Script as written but skip the Rescue Plan Slides and Wind Sound Effect.*

Gather kids together. **God's people were forced into slavery by the Egyptians, but God remembered His people and sent Moses to lead them out of Egypt.** Gently nudge Moses toward the chair with Pharaoh's head. **Moses went to Pharaoh** (turn the chair around to reveal Pharaoh), **the king of Egypt, and told him what the Lord God of Israel had said** (cue Moses to read his paper aloud): **"Let my people go"** ([Exodus 5:1](#)). **But Pharaoh was stubborn.** Gently pick up Pharaoh's chair and set it down with a loud "Hmph!" **"Who is the Lord?" Pharaoh said. "Why should I obey him?"** ([Exodus 5:2](#)). **Pharaoh refused** (turn Pharaoh's chair stubbornly away from Moses) **to let the people go—again** (cue Moses: "Let my people go!" and move Pharaoh's chair even farther with a "Hmph!") **and again!** (cue Moses: "Let my people go!" and another Pharaoh "Hmph!"). **So, God convinced Pharaoh.** Display [Rescue Plan Slide 1](#)—The Plagues—and point to the screen. **God made life very hard for the Egyptians by sending a series of plagues. Eventually, Pharaoh said** (turn Pharaoh's chair back around to face the audience and hold it up), **"Get out of here!"** ([Exodus 12:31](#)), **and the Egyptians begged God's people to leave.** Turn Pharaoh's chair around again so the kids can no longer see him.

Teaching Tip: *As a review of what happened, you could, when they are mentioned, list the 10 plagues God sent: blood, frogs, gnats, flies, death of the animals, boils, hail, locusts, darkness, and death of the firstborn sons.*

Address all the kids: **Now you are going to be God's people. Let's imagine: You've been stuck in slavery your whole life, and now Moses has arrived and announced God's rescue plan. You can't believe it, but Pharaoh has finally let you go! As the rest of the story is told, there are two ways you**

as God's people can respond. You can be scared and complain. That looks like this: *Why?* Throw up both hands and in a fretful voice exclaim, "Whyyyy?" Allow the kids to copy you. Or you can trust and obey. That looks like this: *trust*. Do the American Sign Language sign for trust: be still and hold both of your hands to your right side, the right hand above the left, as if you are holding on to a rope.

As you grasp the "rope," say, "Trust" in a firm and calm voice. Explain that it's like when people rappel off a mountain—they hold the rope and trust something or someone else holds their weight so they won't fall. Invite kids to practice the sign. (To get kids moving even more, encourage them to stand every time they respond, "Whyyyy?" or "Trust.") **We trust God holds us. But it can be difficult to trust sometimes! Listen carefully and imagine you are here with Moses in this part of God's big story. When I ask you to respond, choose what you think you would do: say, "Why?" or say, "Trust." There are no wrong answers, and sometimes you might want to do both!**

After Pharaoh let the people go, God led them through the desert toward the Red Sea. During the day, God went ahead of them in a pillar of cloud. Display **Slide 2**—Pillar of Cloud—and point to the screen. Pillars are tall structures, often made of stone or brick, and are used to hold up buildings. This pillar was like a tower made from the clouds and filled with the presence of God, who holds up the whole world. During the night, God led the people with a pillar of fire, so they always had light for travel. Display **Slide 3**—Pillar of Fire—and point to the screen. God was right there with them. Ask the kids what they think it might feel like to not only know that God is right there with them but also to see it with their own eyes. Ask the kids to show the motion and say the word that fits how they would respond: "Why?" or "Trust."

Then the Lord told Moses to have the people camp by the sea. Display **Slide 4**—The Sea—and point to the screen. God told Moses that stubborn Pharaoh (move toward Pharaoh's chair) would change his mind (flip Pharaoh's chair around so the kids can see him and say, "Hmmm" as if considering; then flip chair back around) and chase after God's people with his army, but God had a plan. He would show the Egyptians how amazing and mighty He is. The Egyptians would know that He is the Lord!

Sure enough, Pharaoh changed his mind. Flip Pharaoh's chair around with a loud "Hmph!" He took his army—including 600 of the best chariots in Egypt—and went after God's people. Move Pharaoh's chair toward the center, perhaps making it gallop like a horse over the next couple of lines.

Horses and chariots and horsemen and troops! It was a big, strong army! Set Pharaoh's chair in the center of the room facing the kids. They caught up with God's people, who were now stuck between Pharaoh's army (point to Pharaoh's chair) and the sea (point to the screen). Ask the kids to respond: "Why?" or "Trust." Remind them that at this point in the story, they don't know what God will do. With a sea in front of them and an army behind them, they probably can see no way out.

The Bible tells us that God's people were terrified and complained to Moses, "Why did you bring us to the desert to die?" ([Exodus 14:11](#)). Invite all kids to ask Moses, "Why?" But Moses told them (direct Moses to speak out to the kids and repeat after you in the pauses): "Don't be afraid." Pause. "Stand firm." Pause. "You will see how the Lord will save you today" ([Exodus 14:13](#)). Pause. Moses asked the people to trust God. Direct Moses to do the sign for trust. Invite the kids to repeat the sign and say, "Trust." Then point to the screen, still on the image of the sea. Let's see what God will do next.

God was about to do something incredible: make a way for the people to go through the sea on dry ground! Display **Slide 5**—Pillar of Fire/Cloud Combined—and point to the screen. But first God moved the pillar of cloud to stand between Pharaoh's army and God's people. During the night, the cloud brought darkness to the Egyptians and light to God's people.

Display **Slide 4**—The Sea—and point to the screen. Then God told Moses to hold out his walking stick and reach out his hand over the sea to divide the water. Moses reached out his hand (direct Moses to reach his hand toward the screen), and God sent a powerful wind. Get very quiet and ask

the kids to listen carefully and watch the sea. Cue the [Wind Sound Effect](#). Have the wind start quietly and grow louder until it's clear the kids can hear it.

The waters divided and piled up into a wall of water to the right. Display **Slide 6**—Sea with Right Wave—and point to the screen. **And a wall of water to the left.** Display **Slide 7**—Sea with Left Wave. **And between them?** Display **Slide 8**—The Sea with Pathway. Turn off the Wind Sound Effect. **Dry land! A path from slavery to freedom! God made a way for the people of Israel to escape through the sea.** Ask the kids to imagine what it might be like to walk on this path with the walls of water on each side. What would they see? How would they feel? Ask them to respond: “Why?” or “Trust.” Remind them of all that they have just seen God do! And then ask again!

Head toward Pharaoh’s chair. Display **Slide 9**—Chaos—and point to the screen. **When Pharaoh’s army chased after God’s people, God made the army panic, which jammed up the wheels of their impressive chariots. Then, once God’s people had escaped, God told Moses to reach his hand over the water again.** Direct Moses to reach out his hand toward the screen. Display **Slide 4**—The Sea. **At sunrise the water went back to its place, sweeping away** (pick up Pharaoh’s chair with a swoop and turn it around as if Pharaoh is gone) **Pharaoh’s entire army with its many chariots and horsemen. God had acted, and His people were safe.** Thank Moses and invite him to take a seat with the other kids.

That day the Israelites sang a new song about how God had rescued them with His amazing power. They sang of how God brought them from slavery in Egypt into freedom. They sang because God rescued them from Pharaoh and the sea. God did it all! Ask the kids to respond one last time but this time in song. Encourage them to boldly sing the phrase, “God rescues His people” in their own tune and all together on the count of three. **God rescues His people!**

CONNECTING THE WONDER TRUTH

Display the **Wonder Truth Slide**. Pose the following question to kids to help them connect the Wonder Truth to God’s big story:

Our Wonder Truth today is GOD RESCUES HIS PEOPLE. Where did you see our Wonder Truth in the story? Allow kids to answer freely.

The Red Sea crossing shows God’s power to deliver His people and hints toward another time when God would deliver His people in an even bigger way! During the exodus from Egypt, God brought His people from slavery to freedom. By dying on the cross, Jesus brings us from death to life.

ELEMENTARY

Divide your group into smaller groups based on age. If your group is already small, stay together for this time.

QUESTIONS: YOUNGER KIDS

- **Who changed his mind about letting the Israelites go?** (*Pharaoh, the king of Egypt*)
- **How many chariots did Pharaoh use to chase the Israelites?** (*600*)
- **What did God do to the Red Sea?** (*divided the water so the Israelites could walk through on dry ground*)
- **How do you think the people felt when Pharaoh was chasing them?**
- **How do you think the people felt after God rescued them?**
- **What are some ways God has rescued you?**

God rescued His people in such an amazing way! The Israelites saw God's power and knew that He had come to their rescue. God shows His power in our lives, and He can rescue us too. Let's take some time to share some prayer requests and ask God for His help.

Teaching Tip (For Younger Kids): *If kids struggle to think of ways God has rescued them, introduce the truth that when we follow Him, God rescues all of us from our sin (the wrong things we do that separate us from God). Jesus died on the cross and rose again so we could be rescued from sin and death and live with God forever!*

PRAYER TIME: YOUNGER KIDS

Invite the kids to share their prayer requests with the group. As they do, remind them that God is powerful and He rescues us. After a few minutes, pray aloud, thanking God for His love and His willingness to rescue us. End by thanking God for hearing all of your requests.

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QUESTIONS: OLDER KIDS

- **How did God lead the people in the desert?** (*He went ahead of them as a pillar of cloud during the day and pillar of fire at night.*)
- **How did God rescue His people when Pharaoh was chasing them?** (*He divided the water of the Red Sea so the Israelites could walk through on dry ground and then swept the water back over Pharaoh's army.*)
- **What did the Israelites do after they crossed the Red Sea?** (*They praised God by singing a new song.*)
- **How might you have felt if Pharaoh had been chasing you?**
- **Why do you think God chose to rescue His people in this way?**
- **What are some of the ways God has rescued you?**

God knew that His people were afraid and confused on the shores of the Red Sea. But He told them to just watch and be still, and they would see how He would rescue them. God rescues us too. Let's take some time to share prayer requests and ask God for rescue.

Teaching Tip (For Older Kids): Remind kids that while we might guess why God does certain things for certain reasons, we cannot fully understand His thoughts! (See [Isaiah 55:8](#).)

PRAYER TIME: OLDER KIDS

Invite the kids to share prayer requests. After a few minutes, encourage kids to pray for one another aloud. Close your time by praying for the whole group, thanking God for rescuing us from sin (the wrong things we do) through Jesus and inviting us to trust Him.

Teaching Tip (For Older Kids): Kids don't always feel confident praying aloud. Encourage kids by letting them know that prayer is simply talking to God. Prayers don't need to be long or fancy; we can simply ask God to provide for a need. He is always listening!

Remind the kids that God also gave Moses the Ten Commandments to help the people live good lives and to set them apart from other nations. **Pharaoh was a very jealous leader. He wanted to be rich and powerful. He coveted wealth and treasures. This means he wanted nice things so much that he would mistreat people in order to get them.** The Ninth and Tenth Commandments are about coveting and they share a similar message. Sometimes people even count them together as one commandment. Both commandments remind us that it's wrong to want something that belongs to someone else so badly—whether it's their things, their home, or even their family- that thoughts can grow in our hearts, that lead to jealousy and harm.

God gave us these commandments to teach us to be thankful for what we have and to love and respect other people. **Instead of wishing for what someone else has, we can focus on all the good things God has already given us!** Let the kids share things they are thankful that they have. Use choral response to say both commandments. **"You shall not covet your neighbor's house. You shall not covet your neighbor's wife, nor his male servant, nor his female servant, nor his ox, nor his donkey, nor anything that is your neighbor's."** **What things might our neighbors have that we might covet? I don't think many of our neighbors have donkeys, oxen, or servants, but they might have things we want that we don't have.** Let the kids share their answers, and remind them that it's okay to want things. However, when we want something that belongs to someone else so much that we hurt others to get it or break other commandments to get it, we are in danger of breaking the Ninth and Tenth Commandments.

RESPONDING IN WORSHIP: PRAISE THE LORD

SUPPLIES: paper plates (2 per kid), markers, dried beans or dry pasta, staplers (several), curling ribbon, tape, kid-safe scissors, [Responding in Worship Slide](#), [Shouts of Praise Slides](#), [Connected Easter Elementary Spotify playlist](#)

Display the [Responding in Worship Slide](#) and gather kids together. **God rescued His people when they were trapped on the shores of the Red Sea. It was amazing! What are some of the ways we saw God rescue in God's big story today?** Invite the kids to respond. If needed, remind them of how God sent the plagues, provided a pillar of cloud and fire to guide His people, parted the Red Sea, and led His people safely across.

Wow! God showed His power as He rescued His people. The God of the Bible is the same God who still rescues today. He knows what's going on in our lives, and He rescues us too. What are some ways God rescues us? Invite the kids to respond. If needed, prompt them with the reminder that through Jesus, God rescues us from our sin, the wrong things we do that separate us from God.

Thank you for sharing! When God rescues us, it reminds us that He is worthy of praise. The Israelites felt the same way after they crossed the Red Sea. Open your Bible and read [Exodus 15:19-21](#) aloud to the kids.

When God rescued His people, they played instruments and sang Him a beautiful song of praise. Let's do the same!

Invite the kids to make their own tambourines to use for praise. Give each kid two paper plates. Invite them to spend some thoughtful time using markers to decorate their plates with words that describe God or pictures that show how He rescues His people. After a few minutes, invite the kids to put some dried beans or pasta on one plate. Then have them cover this plate with the other plate and staple the plates all around the edges so that they are stapled together, and the contents can't get out. (Ask adults or teen leaders to staple younger kids' tambourines.) Then have the kids cut some ribbon and tape it to the edges of their plates to finish their tambourines.

Beautiful instruments! Let's take some time to praise God together! Display the [first Shouts of Praise Slide](#) on the screen. On each slide are truths about God that the Israelites declared after they crossed the Red Sea. Go through each slide, encouraging the kids to shout out the words on each slide together. After reading all eight slides, play music from the [Connected Easter Elementary Spotify playlist](#) and invite kids to march and dance around the room making music with their tambourines. (Have noise canceling headphones nearby for kids with sensitive ears!)

Teaching Tip (For Older Kids): Watch the music video for "Great Are You Lord" by Shout Praises Kids and invite kids to sing and dance along!

We have a great God who rescues His people! He is worthy of our praise!

CROSSING THE RED SEA LESSON 1

NAC USA
Goals and Objectives
[IA 2, 3, 7, 8, 9, 12, 13, 17, 18, 19, 22, 23, 27, 28, 29](#)
[IB 1, 3, 5](#) [IC 1-13](#) [IE 1-3](#)
[IIIA 1-3](#)

WONDER TRUTH:
God Rescues His People

SCRIPTURE:
[Exodus 13-15](#)

GOD'S BIG STORY:
After His people spend 400 years in slavery, God steps in with a mighty hand and an outstretched arm, rescuing them and providing a way through the Red Sea. After this rescue, God's people praise Him!

WORD OF WONDER:
[Psalm 77:12](#)
I will spend time thinking about everything you have done. I will consider all your mighty acts.



Lesson
PPT Slides



Lesson
PDF Slides



Lesson
Printables

Disclaimer: We have permission from the publisher to use the Spotify music playlist solely for the purposes of the Sunday School hour, Vacation Bible School experiences, fellowship events, or for listening at home. Please note that this playlist is not to be used during the divine service or for any streamed or broadcasted occasion.

BLESSING YOUR KIDS

Write on a white board or chart paper or display the **Blessing Slide**. Speak this blessing over your kids, as a group or as individuals. If you bless kids individually, insert each name into the blessing.

Blessing: May the Lord God who rescues His people remind you this week that He knows you, loves you, leads you, and rescues you.

GAMES AND ACTIVITIES

ELEMENTARY

This additional game or activity is optional and can be used in the lesson where a movement break is needed or there's extra time. We've included teaching tips and tips to make the game and activity inclusive for all kids. Printables and slides for the game and activity, if needed, are included in the links within this lesson.

RESCUE RELAY

SUPPLIES: 25'-to-50' ropes (2), empty 2 L plastic bottles or large plastic hoops (2), masking or painter's tape or cones

Teaching Tip: *Instead of having all kids play, select two teams of three volunteers each to play on a stage. The rest of the kids can watch and cheer on the teams!*

Ahead of time, use masking or painter's tape to create start and finish lines on the floor, or use cones to mark the start and finish lines.

Tie the end of a rope around an empty two-liter plastic bottle or large plastic hoop to create a rescue rope. Repeat to create a second rescue rope. Set the bottles or hoops at one end of the room by the finish line. Stretch the ropes across the room and place their loose ends at the start line.

In this game, kids will race to complete the rescue relay mission first.

Gather kids and divide the group into two teams. **In God's big story, we read about God rescuing His people by providing a way through the Red Sea. We're going to do a fun rescue relay mission of our own! When I say, "Go!" the first person will pull the rope until the bottle reaches the start line. Then she will grab the bottle, race across the room, place the bottle/hoop behind the finish line, and then run back to tag the next person in line. Demonstrate this for the kids, making sure the rope still extends back to the start line when the bottle/hoop is behind the finish line. The first team to have all of their members complete the rescue mission wins!**

Once both teams have finished the rescue mission, congratulate the winning team and affirm all the kids for being excellent rescuers. Then gather kids and continue: **Today we practiced our rescue skills, but God's ability to rescue is much greater. God rescued His people from slavery and made the way for the people of Israel to escape through the Red Sea on dry ground! God is the ultimate rescuer!**

Make it Inclusive: *Kids can pull the ropes from a standing or seated position. If some kids have limited mobility, encourage them to be the full-time rope puller who pulls the rope (from a seated position) to bring the bottle/hoop back to the start line each time. Their teammates will then take turns running the bottle/hoop back to the finish line each time.*

CROSSING THE RED SEA

LESSON 1

NAC USA

Goals and Objectives

[IA 2, 3, 7, 8, 9, 12, 13, 17,](#)

[18, 19, 22, 23, 27, 28, 29](#)

[IB 1, 3, 5 IC 1-13 IE 1-3](#)

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